HYGIENE RULES AT THM

Keep 1.5m distance
Thoroughly wash hands
Disinfect hands
Turn away from other when coughing and sneezing
Keep your hands away from your face

It is recommended to wear a medical mask (FFP2 mask, KN95 mask or certified surgical mask) on all circulation and encounter areas in the THM buildings until you reach your own workplace. Wearing FFP2 masks in particular is advised, as these offer the best protection.

The mask recommendation also applies when entering and staying in unfamiliar offices and rooms.

It is also advisable to wear a medical mask (FFP2 mask, KN95 mask or certified surgical mask) for the optimal protection of students and staff.

If you have any symptoms of illness such as fever or cough, please stay at home and contact your doctor by phone.

06/2022 | THM Crisis Team